



red-tailed hawks news

25030 Via Santee, Murrieta, CA 92563 • 951-696-1404

Principal: Tammy Hunter-Wethers • Assistant Principal: Lynn Nord



Dear Murrieta Valley USD community,

Riverside County announced it has moved to the red tier of the State of California - County COVID-19 Monitoring System. The red tier permits schools to re-open and bring students back on campus for limited instruction, as long as, Riverside County remains in the red tier for a minimum of fourteen days.

Reopening plans for all MVUSD school sites must include Riverside County Public Health guidance for re-opening, as well as, the school mandates listed in the California Department of Public Health school guidance, which includes, social distancing, face coverings for students and staff, and heightened health and safety procedures.

Our district wants to ensure that we are prepared to implement an in-person learning environment that promotes the health and safety of our students, staff, and families. As of today, we have been successful with re-opening selected student services, such as the MVUSD preschool, childcare, and in-person student assessments. We continue to work collaboratively with our employee associations towards a phased re-opening plan with a priority on returning students to school safely and smoothly. A detailed re-opening presentation will be delivered to the Board of Education during the October 8, 2020 regular meeting.

Please visit our website: www.murrieta.k12.ca.us to connect to the virtual meeting at 5 p.m. on Thursday, October 8, 2020. This presentation will include noted modifications made to the school environment, health and safety expectations and projected timelines for welcoming our students back to campus.

Thank you for your continued partnership and support.

Materials Pick up Schedule

10/12-10/16
8 - 5 pm

Bins will be in front of the school in Loop I

10/12- Kinder (pick up by Mrs. Barnett's Classroom)

10/13- 4th Grade

10/14- 1st & 5th

10/16- 2nd & 3rd

VIRTUAL RED RIBBON WEEK IS OCT 26-30

Monday 10/26 - Mixed up Monday (wear clothes inside out & backwards)

Tuesday 10/27- Pajama Day

Wednesday 10/28 - Crazy Hair Day

Thursday 10/29 - Class Color Thursday

(Kinder-Red, 1st-Purple, 2nd - Blue, 3rd-Green, 4th-Orange, 5th-Black)

Friday 10/30 - Fairytale/Superhero Dress up Day

PARENT CONFERENCES ARE THIS MONTH

10/19-10/23

10/19 -10/23 Will be minimum days.

More information from teachers to follow as we get closer to the date. Be sure to check your email!

Resource Links:

Community Flyers



Rail Ranch School Year Calendar

Parent/Student Handbook



Rail Ranch Website

Lunch Menu



Hawk Happenings



Every Friday in October is Pink Out Friday
support Breast Cancer Awareness WEAR PINK

Hispanic Heritage Month 9/15-10/15

Talk Time Tuesdays

Every Tuesday @2:30 pm. Go to Mrs. Vergara's Canvas page to join!

10/1- 10/14- Virtual Book Fair

[Click here](#) to access the Book Fair Website

10/12-10/16- Student Materials Pick Up Week

10/12 & 10/13- Picture Day!! [Click here to sign up your student\(s\)](#)

10/19-10/23-Parent Conferences-MINIMUM Days

Mon-Fri:

8:00 -9:00 am - Live Instruction

9:00-2:00 pm- Asynchronous learning

Check your teacher's Canvas page

10/21 Unity Day WEAR ORANGE!!

10/26-10/30-RED RIBBON WEEK!

Wishing our dear 5th grade teacher, Mrs. Johnson a HAPPY RETIREMENT



Mrs. Johnson was a teacher for 16 years and has been a part of our Rail family for 15. In addition to being an amazing teacher, she was also the ASB Advisor and 5th Grade Team Leader. She is definitely a favorite teacher to many of our students.

While we miss her tremendously, we are happy for her and wish her the best!

Congratulations Mrs. Johnson!!



Counseling Corner

WITH MRS. VERGARA
NVERGARA@MURRIETA.K12.CA.US
(951) 696-1404 EXT. 2490

Character Lesson of the Month

The character lesson of the month introduces **Emotion Management**. We all know 2020 has been one emotional rollercoaster for everybody! We will be exploring different feelings, how we can feel feelings in our bodies, and what happens when we have a strong feeling.

Tips for At-Home Learning

Grades TK-1

We are learning about all the little spots of feelings that we can have. Ask your child what color spot they're feeling today. [Click here](#) to watch the read-aloud.

Practice:

"I see you're feeling like the blue spot of sadness today. What's wrong?"

"I'm feeling like the red spot right now because you haven't completed your schoolwork for the day."

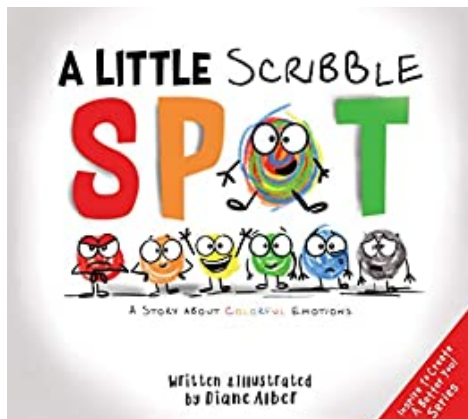
Grades 2-5

Our main phrase of this month is "flipping our lid" which refers to what happens to our brains when we are having a strong feeling. We lose the ability to think clearly when we have strong feelings.

Practice:

"I'm sorry I yelled at you. My lid flipped and I wasn't thinking clearly."

"I think your lid may have just flipped. Why don't you take a break and let me know when you're relaxed again so we can talk?"



FLIPPED LID

You lose access to your prefrontal cortex, your "thinking brain." Your amygdala activates the fight, flight, freeze response, and you operate from a place of fear.



CALM MIND

Since all of the parts of your brain are working in harmony, you feel calm, balanced, and alert yet relaxed.





Counseling Corner

WITH MRS. VERGARA
NVERGARA@MURRIETA.K12.CA.US
(951) 696-1404 EXT. 2490

Hispanic Heritage Month



September marks the start for Hispanic Heritage Month. This takes place between September 15th-October 15th and highlights the Hispanic culture. We recognize the contributions and influence of Hispanic Americans to the history, culture, and achievements of the United States.

Elementary school sites have highlighted this month in an array of books, movies, and activities!

[Check out more by clicking here!](#)

NEW! Talk Time Tuesdays

3rd, 4th, and 5th graders are invited to come hang out for a peer engagement opportunity! I know many of our kiddos are missing the social interaction with their peers. Join us for Talk Time Tuesdays to come hang out, play games, and see new or faces outside of your class!

Our first Talk Time Tuesday is on September 29 at 2:30. Find the button on my Canvas page to join!



Resources & Links

Schedule a Counseling Check-in
[CLICK HERE](#)

Care Solace: Free Mental Health Concierge
[CLICK HERE](#)

Mrs. Harris' Hispanic Heritage Library
[CLICK HERE](#)

FREE Positive Parenting Classes
[CLICK HERE](#)





Hello Rail Ranch,

I am excited to see that many of you are already reading and taking Reading Counts tests!! I have your classrooms trees all set up in the library and have your koalas climbing the trees. Each week I will send your teachers an update of your Reading Counts points and highlight the top grade-level points earners on my Canvas page.

Many of you have been reading books on Sora already. If not please look at the digital selection of books [here](#). This is a great way to get access to books while the libraries are closed. Your username is your 9 digit # and your password is: Mvusdmmdd! (Capital M, lowercase vusd 4 digit birthday exclamation point)

Starting October 2nd we will be offering curbside pickup for kids that want a book from our library. In order to check out books you will need to login to [Destiny Discover](#). (Please see the directions below) In order to check out books your will need to turn in any books that you currently have out. You can check out 2 books at a time and keep them for up to 2 weeks. Pick-up will be Friday afternoon from 12:30pm- 2:30pm in the front loop.

If you have any questions you can email me at jsharris@murrieta.k12.ca.us.

Hope to see you soon,

Mrs. Harris

How do I request a book?



Step 1: Go to the Rail Ranch website, click on the learning links and choose Destiny Discover. This will launch the Destiny Discover page.



Welcome to Murrieta Valley Unified School District

Elementary Schools

- Alta Murrieta Elementary School
- Antelope Hills Elementary School
- Avaxat Elementary School
- Buchanan Elementary School
- Cole Canyon Elementary School
- E Hale Curran Elementary School
- Lisa J Malls Elementary School
- Monte Vista Elementary School
- Murrieta Elementary School
- Rail Ranch Elementary School
- Tovashal Elementary School

Destiny Discover Library Catalog

Click on RRES link

Step 2: Log into your account, the log-in is located at the upper right corner of the page.
USERNAME: 9 Digit ID#
PASSWORD: MvusdMMDD!
(MMDD = 2 digit birthday month and 2 digit birthday day)
(You are properly logged-in if you see your name/school in the welcome message.)



Step 3: Search for a book.
Click on the "Hold" button.



OCTOBER PTA NEWS



**OCTOBER 1-
OCTOBER 14**

<https://www.scholastic.com/bf/railranchelementaryschool1>

**PINK OUT
FRIDAY'S**
EVERY FRIDAY WEAR PINK

RED RIBBON WEEK

Monday 10/26-Mixed up Monday
(wear clothes inside out and backwards)

Tuesday 10/27- Pajama Day

Wednesday 10/28- Crazy hair day

Thursday 10/29- Class color Thursday
(Kinder:Red 1st:Purple 2nd:Blue 3rd:Green 4th:Orange
5th:Black)

Friday 10/30-Fairytale/Superhero Dress up day

DON'T FORGET TO JOIN THE PTA

[HTTPS://JOINTOTEM.COM/CA/MURRIETA/RAIL-RANCH-ELEM](https://jointotem.com/ca/murrieta/rail-ranch-elem)

PICTURE DAY



MONDAY, 10/12

&

TUESDAY, 10/13

12:30-4:30 PM

Gerardy Photography will be on campus for two days to take school pictures. To sign up, please click this link to [Sign Up Genius](#)

DON'T FORGET TO WEAR YOUR BEST SMILE!





ENTRIES DUE BY OCT. 20,2020

RAIL RANCH PTA REFLECTIONS ART PROGRAM BRINGS ART TO LIFE!

Five decades. Ten million students. And you!

Rail Ranch's PTA is sponsoring the Reflections program again this year. All student artists in grades PreK-5th grade are invited to participate!

1. **Pick a category and use the theme: *I Matter Because...* to unleash your creativity. Categories are:**
 1. **Visual Arts**
 2. **Photography**
 3. **Literature/Writing**
 4. **Film Production**
 5. **Musical Composition.**
 6. **Dance Choreography**
2. **Need inspiration/ideas** click here: [2019-2020 PTA Reflections Winners](#)
3. Entries must be original works of art!
4. Please reviews rules/guidelines here: <https://capta.org/programs-events/reflections/>
5. Questions: mrucker@murrieta.k12.ca.us

Entries must be submitted online by Tues., Oct. 20, 2020

Click here to submit: [Reflections Entry Form and Submission Upload](#)

Students must use their 956email and password (MvUSDMMDD!) to submit.